

## Programme Regulations: 2025/26

### PG Certificate in Low Intensity Psychological Therapies (3196F)

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#### Notes

- (i) *These programme regulations should be read in conjunction with the University's Taught Programme Regulations.*
- (ii) *A core module for learning outcomes is a module which a student must pass.*
- (iii) *A core module for PSRB accreditation is a module a student is required to obtain accreditation.*
- (iv) *A compulsory module is a module which a student is required to study.*
- (v) *All modules are delivered in Linear mode unless stated otherwise as Block, e-learning or distance learning.*
- (vi) *Students will be required to undergo appropriate DBS and Healthcare checks as stipulated in University and School policies and fulfil all requirements for placements (including clinical access) as dictated by the relevant Care Quality Commission Regulated provide.*
- (vii) *The University has an overriding duty of care to ensure that all students graduating from the Postgraduate Certificate in Low Intensity Psychological Therapies not only meet the academic requirements but are also physically and mentally fit to practise and are of good character. The case of any student whose fitness for professional practice is a matter for concern shall be considered under the University's Fitness to Practise Procedure.*
- (viii) *The Post Graduate Certificate in Low Intensity Psychological Therapies is an attendance-based programme and is principally delivered face to face at the Newcastle City campus and associated clinical locations. Although some teaching and structured guided learning may be delivered online, due to the clinical and integrated structure of the programme, sessions planned for face-to-face delivery cannot be substituted by other forms of delivery, including blended, online and remote.*

#### 1. Programme structure

- (a) The programme is available for full-time.
- (b) The programme requires students to have a clinical placement for the duration of study. It is a 'recruit to train' programme under the national NHS Talking Therapies initiative.

- (c) The period of study shall be one year for full time study, starting in October.
- (d) The programme comprises three taught modules to a total value of 60 credits. Modules are integrated with placement-based learning at the student's normal place of work or placement.
- (e) The programme is structured with the content stipulated in the national NHS curriculum and is accredited by the British Psychological Society.
- (f) All candidates shall take the following compulsory modules:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8084	Engagement and Assessment of Patients with Common Mental Health Problems	20	20			7	✓	✓	
PSY8085	Evidence-based Low-Intensity Treatment for Common Mental Health Disorders	20	5	15		7	✓	✓	
PSY8086	Values, Diversity and Context	20		15	5	7	✓	✓	

## 2. Assessment methods

Details of the assessment pattern for each module are explained in the module outline forms.

## 3. Progression and Award

- (a) To pass a module candidates must pass each component of assessment for both the taught and placement entities.
- (b) To pass the placement within each module, the practice-based outcomes set by NHS England must be evidenced in a practice portfolio, which demonstrates the programmes content has been embedded in clinical practice. This includes assessment of clinical competencies by clinical supervisors. Each practice portfolio (one per module) must be passed. If a candidate fails the first submission of the practice portfolio (refer to the programme handbook for further details on re-sits), they will be reassessed for a second time 4 weeks later by providing satisfactory evidence that the skill has been sufficiently demonstrated in the placement. Candidates must have completed the full duration of the placement.
- (c) There is continuous monitoring throughout the placement to identify any issues and ensure candidates achieve the programmes minimum requirements.
- (d) The Postgraduate Certificate will be awarded in line with the standard University criteria as follows:

- a. 50 – 59 Pass
  - b. 60 – 69 Pass with Merit
  - c. 70 or above Pass with Distinction.
- (e) Candidates whose academic work does not meet the criteria for a Postgraduate Certificate award may exit with a Graduate Certificate in Low Intensity Psychological Therapies. Candidates wishing to be considered for the exit award must achieve a mark of 50 or above in all clinical assessments, a pass mark in all placement assessments and a mark of 40 – 49 or above in all academic assessments.

#### **4. Exemptions to the University's Taught Programme Regulations**

The Postgraduate Certificate in Low Intensity Psychological Therapies has a University exemption from the University's Taught Programme Regulations in relation to the pass mark for individual assessments for students being considered for the Graduate Certificate in Low Intensity Psychological Therapies exit award (see section 3.e).

The programme also has an exemption in relation to module hours. Due to the clinical work included in all three modules, the total hours exceed the normal hours of a 20 credit module.

In the event of any inconsistency between the programme and University regulations in relation to the above exemptions, the programme regulations take precedence over the University regulations.